



Ben Balden

doTERRA Certified Site Program

5 messages

Kayla Vreeken <kvreeken@doterra.com>

Tue, Jul 25, 2017 at 4:36 PM

To: Ben and Jade Balden

Dear Ben and Jade,

My name is Kayla, and I work with the Certified Site Program here at dōTERRA. I am excited to be working with you to help you stay compliant on your site!

I was able to go through your amazing site and the following links are the only items that need some attention. Next to the links, I have given my suggestion as to how to make them compliant. Once you have Edited the links please let me know so I can send you the seal of approval.

Let me know if you have any questions!

<http://www.jadebalden.com/page/8/>

You said, “ESSENTIAL OIL EDUCATION WELLNESS SOLUTIONS Scar Care:

Many essential oils have tissue repairing and preserving qualities. Here is an awesome blend I use for **scar** care: 10 drops of Helichrysum Oil 6 drops of Lavender Oil 8 drops of Lemongrass Oil...”

Please change scar to skin imperfections.

You also said, “Protection from the **cold**: Immunity Blend

Immunity Blend: 5 drops of Protective Blend (OnGuard) 4 drops of Oregano 3 drops of Frankincense 2 drops of Peppermint 1 drop of Lemon Here is the trusted Immunity Blend I use.”

Please change cold to seasonal or environmental threats.

<http://www.jadebalden.com/cancer/>

You said, "This blend is designed to provide **antioxidant** support and to help the sick cells trigger apoptosis (natural cell death) Pure, natural and potent essential oils are cell selective. It is drawn to the sick cells that need repair. If the cell can not be repaired, the essential oil assist the cells to go through the naturally self destruct. Healthy cells will not only remain unaltered but protected from damage.

Frankincense: has **anti-inflammatory** and immune stimulant properties. It is often used to support the body's response to **cancer** and other cellular diseases.

Lemongrass: has **anti-inflammatory** and **antiseptic** properties. Research shows certain constituents in Lemongrass inhibits **cancer** cell growth (Carneseccchi et al., 2001) and induce apoptosis in human leukemia cells. (Kumar et al., 2008)

Thyme: has strong **antioxidant** and **antiseptic** properties. It is often used to help support the brain as it ages.

Clove: has high **antioxidant** properties and is **anti-infectious** and helps support healthy liver and thyroid function."

Please make the following changes:

Antioxidant to cleansing properties.

Anti-inflammatory to reduces puffiness, inflammation or water retention.

Antiseptic to Germ-destroying, purifying

Anti-infectious to Germ-destroying, purifying

Cancer to Along with better dietary and exercise patterns, can contribute to disease prevention and better health.

<http://www.jadebalden.com/black-pepper/>

You said, "Apply Black Pepper to site of **injury**. Any old internal **injury** that has repaired wrong may experience a surprise restoration or should I say, renovation! My friend had a knee injury when she was younger and for about 30 years, she experienced uncomfortable irregular pains in that knee. After using the dōTERRA oils and products a few months, her one weak knee swelled up for three days. It was painful but after the swelling went down, her knees looked smooth again and did not hurt anymore. In fact, she was able to run without **pain**. What happened was, her **body focused energy on the knee and took things apart and put it back together as it should have been repaired in the first place.**"

Please change injury to soreness, ache, or discomfort.

Please change pain to discomfort, ache or soreness.

Please change the last sentence, an example would be that Black pepper assisted her body in the restoration process.

You said, "Smoking: 1 drop under tongue and inhale to assist the body with overcoming cigarette cravings and dealing with the associated **anxiety**.⁹ I would add a drop of Clove oil to that for good measure."

Please change anxiety to anxious feelings, emotions, or tension.

<http://www.jadebalden.com/biz/adv/wpc/cleanse-and-restore/>

You said, "Boost **Blood Pressure**: Blend 1 drop Black Pepper and 4 drops Wild Orange and inhale. Rub on the bottom of feet, too."

Please change Blood Pressure to Use as part of your diet to help maintain an already healthy blood level.

You said, “If you help your body have less inflammation, you support your body’s ability to deal with and recover from many of the common inflammation ailments: All the forms of **arthritis**”

Please change arthritis to Supports cartilage and joint function.

<http://www.jadebalden.com/lemongrass/>

You said, “Negativity **Headache**: Blend 2 drops Lemongrass with 2 drops Lavender and apply to the temples.”

Please change headache to head or neck tension.

<http://www.jadebalden.com/cardamom/>

You said, “Digestion of Recurring Old **Painful** Things: Place 3 drops Cardamom, 3 drops Frankincense, 2 drops Patchouli, and 2 drops Ylang Ylang in a roller bottle—use on a regular basis. Helps you appreciate the place of that **pain**.”

Please change pain to discomfort, aches or soreness.

<http://www.jadebalden.com/headaches/>

On this link you said headache about 36 times. Please go through and change headache to head or neck tension.

<http://www.jadebalden.com/cypress/>

You said, “Water Retention & **Swelling**: Massage Cypress oil on the legs and ankles and elevate the legs for little while.”

Please remove swelling or change it to puffiness.

You said, “**Hemorrhoid** Relief: You can use Cypress directly or diluted with Fractionated Coconut Oil. Use morning and night. You may want to do a Epsom

Salt soak with 1-2 table spoons of Epsom Salt in warm water and Cypress oil applied to your skin first.”

Please change Hemorrhoid to skin blemishes or skin imperfections.

<http://www.jadebalden.com/safety-and-essential-oils/>

You said, “ You may need to use some of the world’s best and purest essential oils to **treat** whatever harm these low grade essential oils cause.”

Please change treat to alleviate, ease, mend or relieve.

<http://www.jadebalden.com/bodylanguage/>

On this page you talk about what helps with headaches as well.

Please change headaches to head or neck tension.

<http://www.jadebalden.com/biz/adv/wpc/reduce-toxins-and-green-cleaning/>

<http://www.jadebalden.com/biz/adv/wpc/family-wellness/>

You said, “**Treat** lice with Melaleuca and TerraShield rubbed onto the scalp before bedtime and cover the head with a shower cap during the night.”

Please change Treat to alleviate, ease, mend or relieve.

You said, “doTERRA has produced natural cleaning products using the On Guard essential oil blend. Using these cleaning products in place of toxic consumer cleaners can help reduce our daily toxic load and kill **bacteria, parasites, viruses,** and even mold.”

Please change bacteria, parasites, and viruses to Seasonal or environmental threats.

<http://www.jadebalden.com/inflammation/>

You said, "Deep Blue: Oil of Surrendering Pain. "I accept & surrender to painful experiences because I know they are some how for my higher good. With Divine help, I am strong enough."

Please change pain to discomfort, ache or soreness.

<http://www.jadebalden.com/scar-care/>

You said, "Here is an awesome blend I use for scar care:

10 drops of Helichrysum Oil

6 drops of Lavender Oil

8 drops of Lemongrass Oil

4 drops of Patchouli Oil

5 drops of Myrrh Oil"

Please change scar to skin blemishes or imperfections.

<http://www.jadebalden.com/biz/adv/wpc/family-wellness/>

You said, "It's great on warts. For warts apply Oregano topically on the wart. Use 4-5 times daily on the wart until it completely goes away."

Please change wart to skin imperfections or blemishes.

You said, "On Guard blend is a powerful natural protective blend.

You can look it up in the Modern Essentials Book under Protective Blend

You can see this blend is listed as "anti-bacterial", "anti-parasitic" and "anti-viral"."

Please remove anti-parasitic and anti-viral. They can be changed to Germ-destroying, purifying, and powerful cleansing agent.

You said, "Here are some oil blends to help your body deal with aches and pains. Ice Blue: Great for growing pains, just massage.

Please change pain to aches, discomfort or soreness.

<http://www.jadebalden.com/connectedkids/>

You said, "Grounding blend—calming anxiety, grounding. Wild Orange essential oil—calming anxiety and stress, uplifting, stimulating creativity, energizing.

Please change anxiety to reduces sad and anxious feelings, calms emotions, soothes away tension.

<http://www.jadebalden.com/frankincense/>

You said, "End of Life Care: Diffuse in the room of those who are nearing the end of their life. It helps with breathing, clarity of mind and emotional well being. It also helps support family and friends in this difficult time. Frankincense can be massaged all over the body to help relieve feelings of anxiety, to hydrate dry skin, and to reduce sores and pain."

Please change anxiety to anxious feelings, emotions, or tension.

Please change pain to discomfort, aches, or soreness.

<http://www.jadebalden.com/oregano/>

You said, "His friend said, "Oh, that's me. I've been putting Oregano on this wart." He had been using Oregano to treat his wart. It worked."

Please change treat to alleviate, mend or relieve.

<http://www.jadebalden.com/basil/>

You said, “Occasional **Migraine Headache**: Combine 4 drops Basil, 3 drops Ylang Ylang, 3 drops Marjoram, and 6 drops Fractionated Coconut Oil. Gently blend and apply to back of neck, muscles at base of neck, and on the temples. Drink water.”

Please change migraine and headache to head or neck tension.

<http://www.jadebalden.com/helichrysum/>

You said, “Deep **Pain**: 3 drops of Helichrysum and 2 drops Roman chamomile with 1/4 teaspoon Epsom salts, 1 quart hot water in a bowl. Dip a clean cloth in water solution and use as a wet compress. Helichrysum oil is gentle on the skin.” And “Head Aches & **Pains**: 1-2 drops of Helichrysum & 1-2 drops Frankincense and rub on temples, massage into the scalp.” As well, “Emotionally Helichrysum is the Oil for **Pain**. When you think of Helichrysum think, ‘**Healing!**’

Think of Helichrysum an amazing **healer** of emotional and physical **pain**. This **pain** is for deep trauma, self-destruction, loss, or abuse. Smell Helichrysum alone or mix it with other oils to help you feel hope, determination and perseverance.”

Please change pain to discomfort, ache, or soreness.

Please change healer or healing to alleviate, mend or relieve.

<http://www.jadebalden.com/maintaining-healthy-weight/>

You said, “Ginger is warming and just like Cinnamon, it is a powerful **insulin** regulator.”

Please change this to say “it helps support an already healthy insulin balance”.

<http://www.jadebalden.com/viet/>

You said, “When you get the **flu**, put the oil in the steam engine before sleeping to get a better night's sleep.”

As well as, “Cold and Flu - Apply cold oil or drops of 2-3 drops to a glass of water, drink 3-4 times a day and drink 2 more days after healing.”

You also said, “Anti-depressant (Anti-depressant). Treatment of cancer and tumors.”

Please change flu and cold to seasonal or environmental threats.

Please change healing to relieving.

Please change anti-depressant to Reduces feelings of self doubt.

Please change Treatment to alleviate, mend, or relieve.

Please change cancer and tumors to Along with better dietary and exercise patterns, can contribute to disease prevention and better health.

Again, please let me know if you have any questions or concerns!

Warm regards,

dōTERRA

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