

## Permission Slip

Give yourself permission to do the things you need to do to live a happier, fuller life through personal growth.

If you don't have this permission slip in a time of need, just write on a piece of paper...

|    | "Permission to            |  |
|----|---------------------------|--|
|    | Permission Slip           |  |
| 1  | give myself permission to |  |
|    |                           |  |
|    | Signature:                |  |
|    | Permission Slip           |  |
| I, | give myself permission to |  |
|    |                           |  |
|    | Signature:                |  |